

Date: _____

H.E.A.R. Journal Entry

H ighlight	After reading the passage of Scripture, Highlight each verse that speaks to you by copying it under the letter "H". Include the book, chapter and verse(s).
E xplain	At this stage you will EXPLAIN what the text means. You will ask why it was written, and what is the author trying to say to the original audience. Be sure to pay attention to the context (verses before and after) to help you understand the meaning.
A pply	Now it is time to write down how this passage can apply to your life. How will this passage change the way you think about God? How will this passage inform your practice as a Christian?
R espond	Write down a prayer or an action as a result of what you have just learned. Be specific and carry it out.